

## ADMISSION QUESTIONNAIRE

*\*\*All information is kept confidential according to current legal guidelines. This information will help me serve you better\*\**

NAME \_\_\_\_\_ TODAY'S DATE \_\_\_\_\_

ADDRESS \_\_\_\_\_

PRIMARY PHONE NUMBER \_\_\_\_\_

IS IT OKAY TO LEAVE A MESSAGE AT THE ABOVE PHONE NUMBER? YES \_\_\_\_\_ NO \_\_\_\_\_

IS IT OKAY TO TEXT YOU (FOR SCHEDULING) AT THE ABOVE NUMBER? YES \_\_\_\_\_ NO \_\_\_\_\_

PRIMARY EMAIL ADDRESS \_\_\_\_\_

MARITAL STATUS \_\_\_\_\_ GENDER \_\_\_\_\_ AGE \_\_\_\_\_

DATE OF BIRTH \_\_\_\_\_

INSURANCE PROVIDER \_\_\_\_\_

HOW DID YOU HEAR ABOUT US? \_\_\_\_\_

IF REFERRED TO US, WHO REFERRED YOU? \_\_\_\_\_

### Symptoms (check all that apply to you)

- |   |   |   |   |
|---|---|---|---|
| <input type="checkbox"/> Sadness/Depression                           | <input type="checkbox"/> Racing Thoughts                | <input type="checkbox"/> Anger  | <input type="checkbox"/> Irritability                   |
| <input type="checkbox"/> Fatigue                                      | <input type="checkbox"/> Trouble Concentrating          | <input type="checkbox"/> Assault  | <input type="checkbox"/> Arrests                        |
| <input type="checkbox"/> Shame  | <input type="checkbox"/> Panic Attacks                  | <input type="checkbox"/> Fighting   | <input type="checkbox"/> Running away from home         |
| <input type="checkbox"/> Trouble Sleeping                             | <input type="checkbox"/> Stress/Anxiety                 | <input type="checkbox"/> Property Destruction                             | <input type="checkbox"/> Past suicide attempt(s)        |
| <input type="checkbox"/> Guilt Feelings                               | <input type="checkbox"/> Hearing voices                 | <input type="checkbox"/> Trouble finishing things                         | <input type="checkbox"/> Past attempt(s) to kill others |
| <input type="checkbox"/> Crying Spells                                | <input type="checkbox"/> Poor Impulse Control           | <input type="checkbox"/> Easily Distracted                                |   |
| <input type="checkbox"/> Feeling Worthless                            | <input type="checkbox"/> Overspending Money             | <input type="checkbox"/> Can't sit still                                  |   |
| <input type="checkbox"/> Nightmares                                   | <input type="checkbox"/> Seeing things others don't see | <input type="checkbox"/> Day dreams                                       |   |
| <input type="checkbox"/> Decreased/Increased Appetite                 |   | <input type="checkbox"/> Messy/Disorganized                               |   |
| <input type="checkbox"/> Thoughts of suicide within the last 24 hours |   | <input type="checkbox"/> Thoughts to kill others within the last 24 hours |   |
| <input type="checkbox"/> Other: _____                                 |   |   |   |

### Trauma History (check all that apply to you)

- |                                  |                                   |   |  |                                       |
|----------------------------------|-----------------------------------|---|--|---------------------------------------|
| <input type="checkbox"/> Assault | <input type="checkbox"/> Shooting | <input type="checkbox"/> Physical Abuse | <input type="checkbox"/> Physical abuse as a child | <input type="checkbox"/> Verbal Abuse |
| <input type="checkbox"/> Rape    | <input type="checkbox"/> Robbery  | <input type="checkbox"/> Auto Accident  | <input type="checkbox"/> Sexual abuse as a child   | <input type="checkbox"/> Other: _____ |

### Substance Abuse

- |                               |                                      |                                      |                                     |                                    |  |
|-------------------------------|--------------------------------------|--------------------------------------|-------------------------------------|------------------------------------|--|
| <input type="checkbox"/> None | <input type="checkbox"/> In recovery | <input type="checkbox"/> Monthly use | <input type="checkbox"/> Weekly use | <input type="checkbox"/> Daily use | <input type="checkbox"/> Currently Intoxicated |
|-------------------------------|--------------------------------------|--------------------------------------|-------------------------------------|------------------------------------|--|

*Substances abused:*

- Alcohol       Cocaine       Stimulants       Hallucinogens  
 Methamphetamine       Inhalants       Marijuana       Prescription Drugs       IV Drugs

**Prior Treatment (check all that apply to you)**

- Outpatient Counseling       Psychiatric Hospitalization  
 Outpatient Psychiatrist       Other \_\_\_\_\_

**Health Information (check all that apply to you)**

- Asthma       High Blood Pressure       Heart Conditions       Diabetes       HIV/AIDS  
 Emphysema       History of Seizures       Pregnant       Hepatitis       Chronic Pain  
 Other \_\_\_\_\_

Are you currently taking any medication?  Yes  No If yes, please list: \_\_\_\_\_

**Family and Social Information**

Do you have any family members with a current or past problem with drugs or alcohol?  Yes  No

Do you have any family members with a mental illness?  Yes  No

Have you had any legal troubles recently or in the past?  Yes  No

Are there any firearms in your household?  Yes  No If yes, are they locked?  Yes  No

Are you currently in school?  Yes  No If yes, what school and current grade: \_\_\_\_\_

What is the highest level of school you have completed? \_\_\_\_\_

Are you currently employed?  Yes  No If yes, where and for how long? \_\_\_\_\_

Who raised you?  Parents  Grandparents  Foster Parent  Other: \_\_\_\_\_

Do you have children?  Yes  No If yes, ages: \_\_\_\_\_

Who is living in your home? \_\_\_\_\_

Who do you consider to be supportive of you? \_\_\_\_\_

**Goals**

What do you most hope to gain by participating in psychotherapy?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_